

## Letter of Recommendation for Lien Truong

I have taken pickleball lessons from a number of coaches and Lien “Lynn” Truong is by far the best. Lien creates incredibly valuable instruction and fun at the same time by inventing drills that involve active competition, but quickly grow into real game scenarios. Also, her lessons always end in real pickleball games where she coaches actual play with a keen eye, a positive note, and always with a great sense of humor and a winning smile. She even likes to text questions to her students the evening after the game to see if they have learned what they practiced that day. Her love of the game and her delight in her players’ progress makes taking lessons from her a very positive experience. She provides excellent customer satisfaction.

Lien emphasizes real-game winning strategies as opposed to rarely-used specialty strokes or hand-grips. Her drills re-enforce these strategies from one lesson to the next. She teaches a mind-set of playing close attention to what the opponent does so her students can take the most advantageous course of action. She says it is a bit like playing chess on the courts. Every action should have a purpose. Repetition engrains these responses into the muscle memory, but they start with the mind.

Because of her emphasis on using strategic principles to win a game, she is particularly adept at teaching other teachers how to teach. This has made Lien very effective in expanding the sport by multiplying her insights and strengths throughout her pickleball community.

Lien has a large group of very enthusiastic followers in the United States for very good reason. She has a winning personality and great organizational skills. Also, Lien personally brought pickleball to Vietnam, establishing the first pickleball courts in Vietnam in 2018. Through her leadership, she established the Vietnamese Pickleball Club, an impressive organization with facilities where athletes train two to three times a day. She has raised enthusiasm for the sport there and trained local instructors with the goal of having 1 million pickleball players in Vietnam within 10 years. Her hope is to have Vietnam ready for pickleball in the Olympics when this fast-growing sport is approved.

Currently, Lien continues to teach students both in the United States and on recurring trips to Vietnam. She is also an IPTPA director, is certified by the IPTPA to do skills assessments, and is also certified by the IPTPA to instruct pickleball teachers. She is currently pickleball and tennis pro at Los Altos Golf and Country Club.

I highly recommend Lien as a coach, a teacher, and an international pickleball leader. She seems to excel at everything she does.



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21 March 2023